

Report of Nutritious Foodie Fest-2022
(Food Day Celebration-2022)

18th October 2022



PG AND RESEARCH DEPARTMENT OF CHEMISTRY (SF)
JAMAL MOHAMED COLLEGE (Autonomous)

Accredited (3rd Cycle) with 'A' Grade by NAAC

Affiliated to Bharathidasan University

TIRUCHIRAPPALLI-620 020



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Tiruchirappalli – 620020

PG AND RESEARCH DEPARTMENT OF CHEMISTRY (SF-Women)

Cordially invites you to the World Food Day Celebration - 2022

An Expo on NUTRITIOUS FOODIE FEST-2022

Healthy Food! Wealthy Life!



Fireless Cooking
(Chef Draw)



Poster Presentation
(Creative Cook Book Show)



N.M Khajamian
Rowther Auditorium

18.10.2022

@ 2.15 pm



Food Stall
(Delicacy Town)



Hide and Find
(Fork & Mouth)



Raw Veg. Eating
(Chewy Chapter)



Food Cave
(Touch & Find)



Welcome you all



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Circular No.: 08/22-23

14.10.2022

CIRCULAR

In view of **World Food Day-2022** celebration, Department of Chemistry (SF-Women) is organizing an Expo on "**Nutritious Foodie Fest-2022**" on **18th October 2022** (Tuesday) by **2.15 pm** at **N.M. Khajamian Rowther Auditorium**. In this regard, all the women students of UG and PG are asked to attend the same without fail. Kindly furnish the number of members / team in the registration form. All the members of the staff are cordially invited to grace the occasion. The invitation is enclosed.

Details of the Events:

1. Chef Draw (Fireless Cooking)
2. Creative Cook Book Show (Poster Presentation)
3. Delicacy Town (Food Stall)
4. Hide and Find (Fork and Mouth)
5. Chewy Chapter (Raw Vegetable Eating)
6. Food Cave (Touch and Find)

For further details, Contact the Event Managers:

Dr. B. Arifa Farzana
Dr. A. Samsath Begum



Signature of the MID

Dr. N. MUJAFARKANI

Assistant Professor &
Member-in-Charge

Department of Chemistry (SF)

Jamal Mohamed College (Autonomous)
Tiruchirappalli - 620 020


Signature of the HOD

Dr. M. MOHAMED SIHABUDEEN

Additional Vice Principal,
Associate Professor & Head
Department of Chemistry
Jamal Mohamed College (Autonomous)
Tiruchirappalli-620 020



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Tiruchirappalli-620 020

Nutritious Foodie Fest-2022

Date & Time : 18.10.2022 (Tuesday) @ 2.30 pm
Venue : N.M. Khajamian Rowther Auditorium

LIST OF FACULTY INCHARGES

S. No.	Name of the Event	Initial of the Faculty Members	Signature
1.	Event Managers	Dr.NM, Dr.AF & Dr. SB	
2.	Stage Arrangement	Dr.MB & Dr.RAN	
3.	Fireless Cooking (Chef Draw)	Dr.MA & Mrs.RP	
4.	Poster Presentation (Creative Cook Book Show)	Dr.AA & Dr.HS	
5.	Food Stall (Delicacy Town)	Dr.RAN & Mr.VM	
6.	Hide And Find (Fork And Mouth)	Dr.MB & Dr.MR	
7.	Raw Veg. Eating (Chewy Chapter)	Dr.KM & Dr.KS	
8.	Food Cave (Touch and Find)	Dr.MB & Dr.HS	
9.	Finance	Dr.RP	

15.10.2022

Signature of the MID

Report

Nutritious Foodie Fest-2022

October 18, 2022 @ 2.30 p.m.

Venue: N.M. Khajamian Rowther Auditorium

The Nutritious Foodie Fest-2022 was a delightful event organized by the PG and Research Department of Chemistry (SF) for both undergraduate and postgraduate women students. This event was a part of the **Food Day celebration** and aimed to promote awareness about healthy and nutritious food choices.

The event commenced with an auspicious inauguration by our esteemed Treasurer, **Hajee M.J. Jamal Mohamed Sahib**. His presence added grace to the occasion. The event was jointly coordinated by the Additional Vice-Principal and Head of the Department of Chemistry, **Dr. M. Mohamed Sihabudeen**, who also graced the event with his valuable presence.

Dr. N. Mujafarkani, Member-in-Charge of the Department, extended a warm welcome to all the attendees, setting a positive tone for the event. The Nutritious Foodie Fest-2022 was skillfully organized by **Dr. B. Arifa Farzana** and **Dr. A. Samsathbegum**, Assistant Professors of Chemistry, who co-headed the event. Their dedication and hard work played a pivotal role in the event's success.

The event garnered enthusiastic participation from both students and staff members. Faculty members provided motivation and wholehearted cooperation to ensure the smooth execution of the fest.

The heart of the event was the Food Expo, which provided students with an opportunity to explore the value of healthy and nutritious food in a wide variety of forms. Among the 20 stalls, students showcased and presented a total of 30 different types of healthy dishes, with 17 of them being traditional recipes.

The students thoroughly understood and conveyed the importance of the nutritive value of these traditional dishes, preserving their cultural significance.

To add an element of competition and excitement to the event, two expert juries, **Dr. M. Anwar Sathiq**, Assistant Professor of Chemistry and **Dr. A. Sangeetha**, Assistant Professor of Nutrition and Dietetics, were invited to judge the presentations. They highly appreciated the students' execution and creativity.

Additionally, several parallel competitions were conducted, including:

- **Food Cave (Touch and Find):** A sensory experience where participants identified ingredients blindfolded.
- **Creative Cook-Book Show (Poster Presentation):** A showcase of innovative food poster presentations.
- **Hide and Find (Fork and Mouth):** A challenging game where participants had to identify ingredients solely by taste.
- **Chewy Chapter (Raw Vegetable Eating):** An intriguing contest involving the consumption of raw vegetables.
- **Chef Draw (Fireless Cooking):** A creative challenge where participants demonstrated their fireless cooking skills.

A total of 44 students participated in these various competitions, and the top three participants from each competition were recognized and rewarded for their outstanding contributions.

The Nutritious Foodie Fest-2022 was a resounding success, thanks to the enthusiastic participation and hard work of the students and staff members. It not only educated students about the importance of healthy and nutritious food but also celebrated the rich heritage of traditional recipes. The event's competitive spirit added an element of fun and excitement, making it a memorable occasion for all involved.



Dr. N. MUJAFARKANI
Assistant Professor &
Member-in-Charge
Department of Chemistry (SF)
Jamal Mohamed College (Autonomous)
Tiruchirappalli - 620 020

LIST OF PRIZE WINNERS

Nutritious Foodie Fest-2022

Event 1: Creative Cook-Book Show (Poster presentation)			
S. No.	Name of the Student	Class	Prize
1.	J. Sowmiya	I M.Sc.	I
2.	R. Yazhini	II B.Sc.	II
3.	R. Menaka Devi	I M.Sc.	III
4.	B. Ragavi	II M.Sc.	III

Event 2: Chef Draw (Fireless Cooking)			
S. No.	Name of the Student	Class	Prize
1.	J. Humaira Shaman	III B.Sc.	I
	S. Ashika		
2.	Z. Raihana Thasneem	I B.Sc.	II
	K. Mayesha Fathima		
3.	S. Affrin	II B.Sc.	III
	L. Kaviya		

Event 3: Chewy Chapter (Raw Vegetable Eating)			
S. No.	Name of the Student	Class	Prize
1.	K. Sumathi	II B.Sc.	I
2.	E.A. Aayeshathul Humaira	III B.Sc.	II
3.	A. Rishvana	I B.Sc.	III

Event 4: Hide and Find (Fork and Mouth)			
S. No.	Name of the Student	Class	Prize
1.	M. Nasrin Banu	II B.Sc.	I
2.	A. Abinaya	II B.Sc.	II

Event 5: Food Cave (Touch and Find)			
S. No.	Name of the Student	Class	Prize
1.	A. Abinaya	II B.Sc.	I
2.	R. Azeena Fathima	II B.Sc.	II
3.	M. Hussain Bee	II B.Sc.	III
4.	S. Sumaiyah	I B.Sc.	III



Esteemed Treasurer and Additional Vice-Principal inaugurates the event



Our Treasurer sahib observes our students' performance with our Additional Vice-Principal and Jury



Jury evaluates the event



In front of food stall

