

## RESUME

R.MOHANAMBAL

86/44D, NORTH GATE, KOLLIDAM ROAD,

SRIRANGAM,

TIRUCHIRAPPALLI – 620006.

8012493583

[rml@jmc.edu](mailto:rml@jmc.edu)



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### CAREER OBJECTIVES:

To continually develop my expertise and capabilities within a vibrant and evolving educational setting, supporting the academic and professional growth of students.

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### EDUCATIONAL QUALIFICATION:

NAME OF THE COURSE	DISCIPLINE/ SPECIALIZATION	NAME OF THE SCHOOL/ COLLEGE	YEAR OF PASSING	MARKS SECURED
M.Sc.	NUTRITION AND DIETETICS	JAMAL MOHAMED COLLEGE, TRICHY	2024	87%
B.Sc.	NUTRITION AND DIETETICS	SEETHALAKSHMI RAMASWAMI COLLEGE, TRICHY	2022	86%
HSC	STATE BOARD	THE GIRLS' HIGHER SECONDARY SCHOOL, SRIRANGAM, TRICHY	2019	85%
SSLC	STATE BOARD	THE GIRLS' HIGHER SECONDARY SCHOOL, SRIRANGAM, TRICHY	2017	99%

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### ACADEMIC EXPERIENCE:

❖ Currently working as Assistant Professor in the Department of Nutrition and Dietetics at Jamal Mohamed College (Autonomous), Trichy from 01.07.2024

### **INTERNSHIP EXPERIENCE:**

- ❖ Completed a dietetic internship for 15 days at ABC Hospital, Trichy from 04.05.2022 to 16.05.2022.
  - ❖ Completed a dietetic internship for 1 month at Billroth Hospitals, Chennai from 01.06.2023 to 30.06.2023.
  - ❖ Completed an Internship Training Programme on “Geoinformatics applications in Mapping of Nutrition and Health Information” for 4 days at Jamal Mohamed College (Autonomous), Trichy from 18<sup>th</sup> to 21<sup>st</sup> January 2023.
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### **PROJECTS INVOLVED:**

- ❖ **May 2022 (UG PROJECT)** - Community nutrition project entitled “A Study on the socio-economic, food habits and nutritional status of selected adult in Srirangam of Tiruchirappalli District” at Seethalakshmi Ramaswami College (Autonomous), Trichy.
  - ❖ **March 2024 (PG PROJECT)** - Dissertation entitled “A Study on Consumer perspectives regarding eco-friendly packaging and effective utilization of fruit peel waste for the development of antioxidant rich biodegradable packaging film by incorporating maize cobs” at Jamal Mohamed College (Autonomous), Trichy.
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### **PUBLICATION:**

- ❖ Published a research paper on “**Consumer perspectives on eco-friendly packaging and the impact of plastic in the food industry**” in the International conference held at Seethalakshmi Ramaswami College (Autonomous), Trichy.  
January 2024 (VOLUME – I), ISBN: 978-93-94638-54-9, Page No.: 185 – 191  
Thanuj International Publishers, Tamil Nadu, India.
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### **CERTIFICATIONS:**

- ❖ Completed a certificate course on “**Diploma in Computer Application**” from March to August 2023.
- ❖ Completed a value added course on “**Patient care in Emergency**” & secured “**A**” **Grade** at Jamal Mohamed College, Trichy from 15<sup>th</sup> to 21<sup>st</sup> July 2023.
- ❖ Completed a value added course on “**Laboratory diagnostic tests**” & secured “**A**” **Grade** at Seethalakshmi Ramaswami College, Trichy during the academic year 2019 – 2020.

❖ Participated in the **“Eat Right – Millet Mela – 2023”** conducted by Tamil Nadu Food Safety Department, Tiruchirappalli on 05.01.2023.

❖ Completed an Online certificate course titled **“Psychology of everyday” & secured 64%** at Swayam platform from August – September 2022.

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#### **SEMINARS/CONFERENCES/WORKSHOPS:**

❖ Participated in the Clinical Nutrition workshop (**HOSPI Talk – 2024**) at Kauvery Group of hospitals, Trichy on 02.03.2024.

❖ Participated in the one day tailored workshop on **“Food Packaging Technology for extended shelf life”** conducted by EDII – Tiruchirappalli Agribusiness Incubation Forum (TABIF), Anbil Dharmalingam Agricultural College & Research Institute, Tiruchirappalli on 23.01.2024.

❖ Participated in the oral presentation entitled **“Consumer perspectives on eco-friendly packaging and the impact of plastic in the food industry”** was presented at the International conference on **“Emerging Strategies in Nutrition, Food and Lifestyle for Health Management”** organized by Department of nutrition and dietetics, Seethalakshmi Ramaswami College (Autonomous), Tiruchirappalli, Tamilnadu, India, held on 30.01.2024 and 31.01.2024.

❖ Participated in the oral presentation entitled **“A Study on effective utilization of fruit peel waste for the development of antioxidant rich biodegradable packaging film by incorporating agricultural wastes”** was presented at the 8<sup>th</sup> International conference on **“Recent Advances in Chemical and Environmental Research (ICRACER – 2023)”** organized by PG and Research Department of Chemistry, Jamal Mohamed College (Autonomous), Tiruchirappalli, Tamilnadu, India, held on 20<sup>th</sup> December 2023.

❖ Participated in the one day workshop on **“The Detox Diet”** at Neha’s Diet Mantra through online on 28<sup>th</sup> January 2022.

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#### **EXTRACURRICULAR ACTIVITIES:**

❖ Served as an NCC candidate at Seethalakshmi Ramaswami College (Autonomous), Tiruchirappalli during the academic year 2019 – 2022 and earned a **“B” and “C”** certificates.

**LANGUAGES KNOWN:**

- ❖ Tamil
- ❖ English

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**PERSONAL INFORMATION:**

**NAME** : R.MOHANAMBAL  
**FATHER'S NAME** : S.RAJENDRAN  
**MOTHER'S NAME** : R.PUSHPAVALLI  
**DATE OF BIRTH** : 14.10.2001  
**GENDER** : FEMALE  
**NATIONALITY** : INDIAN  
**MARITAL STATUS** : UNMARRIED  
**E-MAIL ADDRESS** : rml@jmc.edu

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**DECLARATION:**

I hereby declare that the information stated above is true to the best of my knowledge.

Yours truly,  
R.Mohanambal