

CURRICULUM VITAE

A.YASMIN FATHIMAA

D/o A.Mohamed Ismail

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OBJECTIVE

To obtain challenging career where I can utilize my knowledge and skills in order to explore novel milestone in the field.

WORKING EXPERIENCE

S.No	Designation	Name of the college	Year of experience		Date of Appointment to the college service
			UG Level	PG Level	
1	Assistant Professor	Jamal Mohamed College (Autonomous)- Affiliated to Bharathidhasan University, Triuchirappalli, TamilNadu, India	6 Years 3month	6 Years 3month	1 st February 2016 to till date

EDUCATIONAL QUALIFICATION

Examination passed	Course studied	University/College studied	Class / Grade & %	Year of passing	GPA/ CGPA
M.Phil.,	Nutrition and Dietetics	Jamal Mohamed College - Trichy(Autonomous) Affiliated to Bharathidhasan University, Triuchirappalli, TamilNadu, India	Outstanding & (90%)	2020	9.3 out of 10
M.Sc.,	Nutrition and Dietetics	Jamal Mohamed College - Trichy	First class-Distinction & (86%)	2015	8.7 out of 10
B.Sc.,	Nutrition Food Service Management and Dietetics	Anna Adarsh College for Women- Madras University- Chennai, Tamil Nadu .India	Credit & (69%)	2006	-

PROJECT PROFILE

- **M.phil:** Cooking Quality, Formulation of Breakfast Recipes and Homemade Enteral Feeding Formula by using Karunguruvai Rice.
- **M.Sc:** A study on Cooking Quality, Development, Popularization of selected Non-Fermented and fermented ready to drink beverages by using Finger millet Extract.

PROJECT GUIDED AT PG LEVEL

- Formulation, Standardization and Popularization of Lactagogues foods incorporated Health mix powder for Low to Medium income lactating mother.
- Development of Value-added product from Betel Leaves Paste and its Utilization for Iron Deficiency.
- Development and Standardization of processed Pumpkin powder incorporated snack and breakfast recipes.
- Utilization of rarely used groundnut oil cake flour in various recipes for PEM child in TamilNadu, India.
- Assessment on Nutritional status among selected Adolescent girls (15-17 years) and Imparts nutrition education for the Underweight in Perambalur district

ONLINE COURSES & CERTIFICATE COURSES

Website	Name of the course	University/Institution	Percentage / grade
World TESOL Academy	TESOL	World TESOL Academy	82%
EDX	Public Speaking	Rochester Institute of Technology	-
Coursera	Child Nutrition & Cooking	Stanford University, California.	86%
Diploma course	Montessori Kindergarten and Nursery Education	Teacher Training Academic	70%
Diploma course	Acupuncture Therapy	Arokya Health Education	87%
Short term course	Junior Web Designer		Grade "A"

INTERNSHIP

- One month Internship as Dietitian in **Madras Medical Mission Hospital and Research Center**, Chennai, India

AREA OF SPECIALIZATION

- **Food Science / Dietetics / Food Service Management/ Food processing/ Clinical Nutrition/Functional foods & Nutraceutical.**

AWARDS / PRIZES RECEIVED

- Won **Best paper award in Paper presentation in International Conference** organized by : PG Department of Food and Nutrition , Bishop Heber College(Autonomus), Trichy.
- Won **Best paper award in Paper presentation in the International Conference** organized by PG and Research department of Nutrition and Dietetics, Jamal Mohamed College, Trichy, January 2021.
- Won **First prize in Paper presentation in the National conference** organized by PG &Research department of Botany ,Jamal Mohamed College, Trichy. March **2020**.
- Class **Second rank** in M.Sc. Nutrition and Dietetics, Jamal Mohamed College.
- Won **First prize** in Nutritional cooking competition conducted by the LEO CLUB (Women), Jamal Mohamed College.
- Won **First prize** in cooking competition and **Second prize** in ‘on the spot slogan writing’ conducted by the Association of Nutrition and Dietetics, during‘Nutricio-14’ Jamal Mohamed College.
- **Third prize** in Vegetable Carving and Herb cookery conducted by PG Department of Nutrition and Dietetics and Leo club during “Naring fest’13”, Jamal Mohamed College.

ACADEMIC ACTIVITIES

- Acted as **Convenor and Organized** “World Breast Feeding Week” in collaboration with the Integrated Child Development Services(ICDS), Government of Tamilnadu, Trichy in Jamal Mohamed College , August 2017
- **Organized** an Awareness program on “Issue related to Breast feeding stoke by **Dr. K. Senthil Kumar, MBBS., MD., DM Neonatologist, Annal Gandhi Memorial Government Hospital, Trichy, India.**
- Acted as a **Resource person** and delivered a **special lecture** on “**Women’s Health and Hygiene**” in RED RIBBON CLUB, Jamal Mohamed College, Trichy on 2nd Nov 2021
- Acted as a **Resource person** and delivered a **special lecture** in an awareness program on "Health and Hygiene" in Panchayath Union Middle School, burma colony, Trichy. Organised by PG and Research department of Social Work, Jamal Mohamed College, Trichy during **2020**
- Acted as a **Resource person** and delivered a **special lecture** on “**ILL EFFECTS OF FAST FOOD**” in POSHAN MAAH-2019 Organized by **NATIONAL SERVICE SCHEME**, Jamal Mohamed College (Autonomous) Trichy. India

- Acted as **Question paper setter** for the Department of Nutrition and Dietetics in **Periyar University, Salem, Tamilnadu, India.**
- **Organized** an Awareness Program on **NATIONAL NUTRITION WEEK CELEBRATION “ISHRANA’17”**
- Acted as a **Judge** in a “Traditional Food Stall” organized by Leo club during 2019
- Acted as a **Chair person** in “Fireless cooking” in “Youth Fest” organized by Youth Red Cross & Citizen Consumer Club, Jamal Mohamed College(Autonomous) Trichy. India.
- Acted as a judge and **Resource person** for a cooking competition in Leoclub in Jamal Mohamed College, Trichy during 2018.

ADMINISTRATIVE POSITIONS HELD IN THE COLLEGE

- **Vice-president** in Nutrition and Dietetics Association during 2017-2018
- Member College Baithulmal (A charity firm)
- Member in charge for the Department examination- 2019-2020
- Served as an **Organizing committee member** in UGC sponsored awareness programme on “GERIATRIC NUTRITION” held on September 2019 at PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College , Trichy, India.

SUBJECTS TAUGHT

UNDER GRADUATE:

- Food science
- Dietetics
- Quantity food production
- Interior Design
- Food standard and quality control
- Basics in Bakery
- Community Nutrition

POST GRADUATE:

- Human Nutrition
- Advanced Food Science
- Advanced Dietetics
- Functional Foods and Nutraceutical
- Public Health Nutrition

**DETAILS OF PAPERS PRESENTED AND SEMINARS / CONFERENCES /
WORKSHOPS ATTENDED**

Year	Name of the Seminars / Conferences / Workshops	Presented / attended
April 2022	II International seminar on “ Emerging Trends, growth, Opportunities and Future in Food processing Sectors” PG Department of Food and Nutrition , Bishop Heber College(Autonomus), Trichy.	Presented paper on “Formulation and Sensory Quality of Development Fermented and Non- Fermented Food products by using Finger Millet Extract (<i>Eleusine Coracana</i>)”
Jan 2021	International Seminar on “Global Added Burdens of Diseases and Food Security” organized by PG & Research department of Nutrition and Dietetics ,Jamal Mohamed College, Trichy.	Presented Paper on “Nutritional value (selected) and Microbial content of Finger Millet Milk Extract(<i>Eleusine Coracana</i>)”
March 2020	National Seminar on “Frontier in Biological Innovation for Resource Management, Patent and Entrepreneur Development” organized by PG & Research department of Botany ,Jamal Mohamed College, Trichy.	Presented a Paper on “Standardization and sensory attributes of ready to drink beverages by using finger millet extract”
Jan 2020	UGC Sponsored National Seminar under National skill Qualification Framework on New Vista in Food Processing in Augmenting Entrepreneurship organized by Dept of Nutrition and Dietetics and B.voc Food Processing.	Presented a poster on “ Cooking qualities and sensory evaluation of indigenous Rice-Karungurivai ”
March 2019	Organized by PG & Research Department of Nutrition and Dietetics sponsored by Indian Council of Agricultural Research (ICAR), New Delhi. International Conference on Advances in Nutrition and Food Safety.	Presented a poster on “ Health benefits of Indigenous Rice variety-Karunguruvai Rice ”
October 2015	47th NATIONAL CONFERENCE OF THE NUTRITION SOCIETY OF INDIA held at the National institute of Nutrition, ICMR , Hyderabad	Presented a Paper Poster on “ <i>Extraction & Development of ready to drink beverages by using finger millet extract</i> ”

Trichy 2015	one day <i>National Seminar</i> organized by the Department of Home science, Seethalakshmi Ramaswami College	Presented a Paper Poster on ‘ <i>ART IN EVERY DAY LIFE</i> ’
April 2018	Organized by PG & Research Department of	Participated in Two –Day National

	Biochemistry, Srimad Andavan Arts & Science College, Trichy	workshop on “Training in Animal Experimentation and Phytochemical Techniques (TAEPT-2K18)
March, 2018	Organized by PG & Research Department of Biotechnology & Microbiology in Jamal Mohamed College, Trichy	Participated in International Seminar on “Emerging trends in Biological Research (ETBR 2018)
February 2017	Indian Dietetic Association, Kilakarai chapter at Alpha Hospital & Research centre, Madurai	Participated in 3 rd Annual state conference on clinical Nutrition
February 2017	ICT Academy held at Jamal Mohamed College	Participated in a two day faculty development program on presentation skills level 1
2015	by Food Processing Business Incubation Center (FPBIC), Indian Institute of Crop Processing Technology (IICPT)	Attended the <i>Training program</i> on Processing of Ragi Milk
	Sri Ramachandra Medical College and Research Institute, Porur, Chennai.	Participated as a Delegate in the “ <i>CONTINUING NUTRITION EDUCATION</i> ”
2015	Alpha Hospital and Research Center, Madurai	Participated in the <i>Annual Symposium</i> on Clinical Nutrition
August 2015	Aiman college of arts and science for women, Trichy	Participated in National seminar on “Emerging vogue in Food habits and Processing”

PROCEEDINGS OF SEMINARS/CONFERENCES PUBLISHED

S.no	Name of the Seminar/ Conference	International/National/State level	Name (s) of the Editor (s)	Publisher	ISSN/ISBN
1.	Extraction & Development of ready to drink beverages by using finger millet extract	National		Nutrition society of India	Regd.No.125 of 1966

LIFE MEMBERSHIP

- LIFE MEMBER IN INDIAN DIETETIC ASSOCIATION
- STUDENT MEMBER IN NUTRITION SOCIETY OF INDIA