

MORAL EDUCATION

O.T. MYDEEN OLI

ASSISTANT PROFESSOR

Department of English

Jamal Mohamed College

Tiruchirappalli – 620 020

PSYCHOLOGY



- ▶ **The definition of psychology is the “scientific study of the behaviour of individuals and their mental processes”**

TOP REASONS FOR STUDYING HUMAN DEVELOPMENT



Gain an understanding of your own life experience.



Help others understand what they're going through.



Understand the relationship between society and individual growth.



Lead more effectively.



Support the physical and mental health of others.

Source: *Verywell Mind*

ADULT PSYCHOLOGY

- ▶ Adult psychology involves looking at the issues, stages and various influences that a child experiences throughout their development into functioning adults
- ▶ There are some qualities that symbolize adulthood in most cultures. Not always is there a concordance between the qualities and the physical age of the person

- ▶ Prenatal Development : 12 WEEKS
- ▶ Infancy and Toddlerhood : 18 MONTHS
- ▶ Early Childhood : 2 TO 6
- ▶ Middle Childhood : 7 TO 11
- ▶ Adolescence : 12 TO 19
- ▶ Early Adulthood : 20 TO 40
- ▶ Middle Adulthood : 41 TO 60
- ▶ Late Adulthood : ABOVE

- ▶ **The adult character is comprised of:**
- ▶ **Self-control** - restraint, emotional control.
- ▶ **Stability** - stable personality, strength.
- ▶ **Independence** - ability to self-regulate.
- ▶ **Seriousness** - ability to deal with life in a serious manner.
- ▶ **Responsibility** - accountability, commitment and reliability.
- ▶ **Method/Tact** - ability to think ahead and plan for the future, patience.
- ▶ **Endurance** - ability and willingness to cope with difficulties that present themselves.
- ▶ **Experience** - breadth of mind, understanding.
- ▶ **Objectivity** - perspective and realism



POSITIVE

NEGATIVE

My Morning Affirmations

"Today is an incredible day! Success, Prosperity, and Abundance, in many different forms have naturally found their way into my life today. I gratefully enjoy their manifestations throughout my day and happily share these blessings of abundance with many others in order to bring happiness to their day as well."

"I Am Happy"

"I Am Healthy"

"I Am Wealthy"

"I Am Secure"

"I Am Worthy"

"I Am Positive"

"I Am Blessed"

"I Am Grateful"

"I Am Beautiful"

"I Am Confident"

"I Am Courageous"

"I Am Excited About Today"



Thank
you!