# <u>VALUE ADDED COURSE</u>

Semester	<b>Course Code</b>	Course Title	Hours
III	21UBTVAC1	BIOCOSMETICS	30

#### **Course Outcomes:**

At the end of the course, students will be able to:

- CO1. Gain the knowledge of fundamental aspects of Biocosmetics and their sources.
- CO2. Understand the role of cosmetic excipients and building blocks in the formulation of Cosmetics
- CO3. Understand the fundamentals of sun protection and the formulation of Sunscreens, antiperspirants and deodorants
- CO4. Enable the students to get exposed to processes involved in the manufacturing of herbal cosmetics
- CO5. Motivate the students in the field of biocosmetics research and entrepreneurship.

Unit: I 6 hrs

**Biocosmetics:** History and scope of biocosmetics; Importance of plant and animal resources in biocosmetics; Global market of biocosmetics; Manufacture and import of biocosmetics; Labelling, packaging standardization of biocosmetics and Shelf testing.

Unit: II 6 hrs

**Skin cosmetics:** Skin and hand creams; Facial skin care; Body lotions and bath time herbs; Sun screen products, skin tonics and anti-acne creams; pharmaceutical and Pharmacological evaluation procedures for various formulations like Creams, Lotions, Lipsticks, face packs.

Unit: III 6 hrs

**Hair cosmetics:** Formulation of shampoos, surfactants and conditioners; Types of shampoos with emphasis on herbal shampoos; Hair colourants, fixers, sprays and gels; Botanicals in hair care.

Unit: IV 6 hrs

**Herbal cosmetics:** Cleansing agents - apricot. Emollients - aloe, almond. Astringent - amla. Freshening agent - chandan, khus. Fruits & vegetables as hair & skin care - Preparation of cosmetic products.

Unit: V 6 hrs

**Perfumes and fragrances:** Selection of fragrance; Raw material used in the preparation of fragrance; Fragrance and allergenicity, water soluble fragrances; Aromatherapy (Historical perspective, essential oils, aromatherapy for stress relief, weight loss and beauty aid).

### **Text Books:**

- 1. NIIR Board of Technologist, Hand Book of herbal products Vol I & II by, National Institute of Industrial Research, 2012.
- 2. Trease and Evans, Pharmacognosy: William Charles Evans Revised with the assistance of Daphne Evans Ed. 16th Elsevier 2009.
- 3. Behl PN, Srivastava G. Herbs Useful in Dermatological Therapy. Ed. 2nd New Delhi, India: CBS Publishers. 2002.

Semester	<b>Course Code</b>	Course Title	Hours
V	21UBTVAC2	FOOD PRESERVATION	30

#### **Course Outcomes:**

At the end of the course, students will be able to:

- CO1. Understand the effects of food Analyze and explain complex phenomena of preservation principles
- CO2. Understand the mechanisms of spoilage and deterioration of foods specifically by microbes and the impact on food processing operations.
- CO3. Gain the knowledge of food preservation processes by physico-chemical and biological methods.
- CO4. Utter the information applied in food science to control, assure food quality and to understand government regulations.
- CO5. Motivate the students will develop the skills of food processing and entrepreneurship.

Unit-I 6 hrs

**Fundamental of food preservation:** Concept and importance of food preservation – Techniques of food preservation – Pasteurization – Sterilization – Blanching - Canning. Types of food materials– packaging and marketing.

Unit-II 6 hrs

**Micro-organisms in Food:** Introduction - types of microbes - Enumeration of spoilage organism - *Staphylococcus aureus*, yeast and molds, Condition for microbial growth - Food spoilage and their control. **Probiotics** 

Unit-III 6 hrs

**Food Processing:** Primary processing - Cleaning, Sorting, Grading, Cutting, Seeding, Bleaching, Chilling and freezing. Secondary processing - Slicing, Pulping, Paste, Frying, Freezing and Milling. Food packaging - Requirements, Types and General properties of packaging materials.

Unit-IV 6 hrs

**Preservation by Physico-Chemical and Biological Methods:** Food drying- Low temperature - Freezing and thawing - changes in food during freezing storage. Chemical- Salting, Smoking and Sugaring. Biological- Fermentation. Preparation of preserved foods- Pickles, Jam and Concentrated fruit syrup

Unit-V 6 hrs

**Food Safety and Quality control:** Objectives, importance and function of Quality control -Concept of food safety, strategy and standards - Types of food law in preservation - Nutritional labeling, ISI Certification, Role of AGMARK, FPO, BIS and PFA.

## **Text Books:**

- 1. Frazier, W.C. and Westhoff, D.C, Food Microbiology, TMH Publication, New Delhi, 2004.
- 2. Ramaswamy, H. and Marcott, M, Food Processing- Principles and Applications, CRC Press, 2006.
- 3. The training manual for Food Safety Regulators. Vol.II- Food Safety regulations and food safety management. Food safety and Standards Authority of India. New Delhi, 2011.